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Course Description: Hypnosis 101 for Dentists and Health Professionals.

As seen on ABC TV, Hypnosis 101 for Dentists and health professionals is a course designed for the beginner, intermediate and advanced practitioner. The mind is a very powerful tool with complex capabilities that the health care provider can manipulate to achieve better health. This course is about understanding the science of communication and concentration. You will understand that hypnosis is a tool to patient management just like nitrous oxide analgesia or sedation is a tool to manipulate behavior. It is safe and can be very effective.

Imagine more compliant patients. Patients who trust you and will follow your instructions. They return to your office every time they receive a recall card. We can only wish but through hypnosis you can change their behavior. I've helped many of my patients give up harmful habits, deal with pain and gained the respect of my staff. I use this tool every day in my practice.

The dentist, hygienist, staff and other health professionals will all benefit from learning hypnosis as well as participating in the hypnotic process. You will learn the history of hypnosis, pertinent definitions and general applications in the dental practice. Learn how to use Hypnosis as an adjunct to local anesthesia, sedation and pain management.

Course Objectives:

- Learn what is hypnosis and review the history of this science.
- Obtain a solid foundation to start using hypnosis in your practice.
- Determine who you can treat with hypnosis and the limitations.
- General treatments and therapies.
- How to use hypnosis to change and improve your life.
- Learn scripts to give virtually pain free injections and improve patient compliance.
- Time to be hypnotized for experience and self improvement.